CALENDAR

Мау

4th NGOC Colour coded Bixslade SO608116 Ros Taunton 01594 529455 no O or Lt G
11th ERYRI Col coded & Welsh League Llyn Elsi
10th QO Col Coded Cothelstone Taunton ST189331 01823333251
15th SWOC Summer Score Pontcanna, Cardiff Pete Colbert
17th, 18th British Orienteering Championships Sheffield
17th SW NGOC Local. Ninewells, Coleford. SO/594132. C5 Alan Brown, 01242 580096. No O G or B
24-26th WM Springtime in Shropshire
28th SBOC Summer League 1 Lower Swansea Valley Dave Seward 01554771807
29th SWOC Summer Score St Julians Wood Pete Ribbans

June

1st Compass Sport Final

4th SBOC Summer League 2 Clyne Valley Steve Jones 01792 528578
8th SW BOK Colour Coded Event. Leigh Woods, Bristol. ST/555741.David Pairaudeau, 01275 852130.
11th SBOC Summer League 3 Cefn Bryn Gower John Carruthers 01792 232671
12th SWOC Summer Score Cwm Lickey John Mills
15th SWOC Local event Cwmdare Y,O G only
18th SBOC Summer League 4 Rhossili Roger Stein 01792 296122

21st NGOC Spanish Score Parkend SO608079 Robert Teed 01291 625048 Mass start 11am 22nd SBOC 2x2 Relays Cefn Bryn Gower enter by 13 June D/K Seward 01554771807 25th SBOC Summer League 5 Pembrey Steve Quinton 0142237 769562

26th SWOC Summer Score Mynydd y Gaer Frank Ince

29th SW BOK Adams Avery Relays. Stock Hill, Mendips. ST/555513. Pat Benjamin, 01761 472672.

July

10th SWOC Summer Score Wenallt Nick Dallimore 02920842481

13th HOC Col coded Malvern Hills SOOOo760380 Rollo Rumford 019905 726967 (no Brown) 20th SWOC Score Relay Wenallt Nick Dallimore 02920842481 27th-2nd Scottish 6 Day Event

August 10th SBOC Welsh League Pant Mawr/OFD—to be confirmed

September

6th SWOC Welsh League Llangattock Nyall Meredith 7th SWOC Merthyr Common Judith Powell

20-21st Caddihoe Chase Badge event, Princetown James Head 01752 695776

October

12th HOC Col coded Croft Castle, Ludlow SO450656 Rollo Rumford 019905 726967
26th SWOC Local Cwm Lickey Y,O,G, ORGANISER WANTED.
30th November SWOC Local Draethan Y,O,G, ORGANISER WANTED.
28th December SWOC Xmas Score, St Julians Wood, ORGANISER WANTED

Forest of Dean MTB-O, Monday 5th May, Cycle Centre, Sallowvallets, SO608125

Courses A **21Km** Men, Vets 40-49, Supervets 50+,Women Open B **11 Km** Women, WomenVets etc, Men Open C **6 Km** Youth 13-16 Entries by 30th April, Adult £7.00 +1 insurance, Youth £4.00 + ins, EOD Add £2.00 Further details Colin Palmer 01531 633500 Or NGOC website www.rain-end.demon.co.

The Platform

The Newsletter of South Wales Orienteering Club

EDITORIAL

Sorry for the delay in publishing, its been hectic in the Dallimore household. We were hosting German Exchange students last week who were familiar with orienteering and told us that it was most popular with the 7-21 age group in Germany, an interesting contrast. New technological advances will make it possible for you to download a printable version of Platform from the Web page in future or sent directly by e-mail. We need to know if this is acceptable and how many people would still need the paper version sent to them.

Aberdare Colour Coded

Thanks to Kevin, Jane, Pete and their helpers for a grand day out at the Country Park. The weather was perfect and even if the climb to the first controls was hard the views from the top were stunning.

www.swoc.cwc.net

Compass Sport Trophy First Round

Congratulations to everyone who made the journey to Ragley Hall and to John Mills for organising the entries. Once again we were able to beat off strong opposition to reach the final on June 1st. Please contact John if you are available to run.

The points Scorers from the first round were—

Course A - Chris Poole, Jeffrey Colbert. Course B - Vladimir Kuznetsov, John Mills Course C—Nick Dallimore, Neil Grant. Course D—Cerys Manning, Sarah Bayliss. Course E—Frank Ince, Jill Manning. Course F—Rhodri Buffett, Clare Dallimore.

Course G-Lauren Ferrand, Jon Dallimore.

Wanted

WOA rep to represent SWOC at WOA meetings,approximately every 2 months. If interested contact Frank Ince

Stop Press JK

About half the Club made the journey to this years event. The two areas used for were unlike anything we have locally being runnable mixed forest. Outstanding performances were made by Rhodri Buffet 2nd M16L, Cerys Manning 3rd W18L and Judith Powell 3rd W60L. In the Relay event on Monday results were as follows; Mens Short—5th SWOCcults, 24th SWOCcidentals, 40th SWOCtopus. Ladies Short 12th SWOCtave, 37th SWOCtagon, Mixed ad hoc 71st SWOCies In Fridays MBTO event Nick Dallimore won the 40+ category with a time which would have been 3rd in the Open event. Next years event will be in the Lake District near Ulveston.

April 2003

SWOC RANKING LIST FOR 2002/03 - Events from Sept 02- Aug 03 - Issued 7 April 03

COMMITTEE NEWS

Several topics were discussed at the Committee meeting. Feedback from the National Event is to be published on the Website. Location of equipment is still proving to be difficult. If The problem with SWOC events being anyone has any Club kit, please can you pass it on to the Buffets so that an inventory can be made. Our day at Croeso 2004 is Sat 21st and an area at Sennybridge will be used. The event centre will be at Brecon High School, note the dates are later than usual, August 14th-21st.

Organisers are still needed for Cwm Lickey, Dreathen and ST Julians Score, if you are available please contact Frank Ince.

held in secret, unknown to anyone outside the club hopefully may have been solved.

Next meeting to be held at the Bear Hotel, Crickhowell on Wed 7th May at 7.30pm. All members are welcome to attend.

Summer Score Events, Summary of Rules

All events will be of sixty minutes duration. ٠

Start times will be between 6pm and 7pm. No competitor should expect to be able to start later than one hour after the first start time.

Each event will have between 20 and 27 controls, at least six of which will be planned to form a white/yellow standard course. These white/ yellow standard controls will be sited on line features.

The control circles will be numbered and a control description sheet produced showing the control number, code and description as for a normal orienteering event plus an extra column for the point value.

Penalty points will be applied at one penalty point for each 6 seconds or part thereof if a competitor exceeds 60 mins. If any competitors visit all the controls their score will have one point added to it for each 6 seconds their time is less than 60 mins.

The league will be based on competitors' best four events and will operate using handicaps. The handicaps are applied by multiplying the points score by the handicap factor for the competitor's age class.

M10	M12	M14	M16	M18	M20	M21	M35	M40	M45	M50	M55	M60	M65	M70
3.38	2.38	1.56	1.19	1.14	1.07	1.00	1.07	1.12	1.19	1.27	1.35	1.47	1.67	1.89
W10	W12	W14	W16	W18	W20	W21	W35	W40	W45	W50	W55	W60	W65	W70
3.42	2.69	1.92	1.49	1.43	1.41	1.25	1.41	1.50	1.61	1.75	1.89	2.08	2.27	2.56

Contributions to PLATFORM

Anybody with anything to say please write / e-mail me at 1 Windsor Ave, Radyr, Cardiff, CF15 8BW or e-mail Caroline@ndallimore.freeserve.co.uk Next issue hopefully end of June.

www.swoc.cwc.net, Club Webmaster - nigel.ferrand@uk.pwcglobal.com

Dec Nome	Class	Total	Evente Evente included	Evente Ev	
Pos. Name	Class	Total	Events Events included		
1 Cerys Manning	W16	2767	10 14/15 Sep 02 Caddihoe	-	
2 James Clemence	M40	2617	10 14 Sep 02 SHI		
3 Judith Powell	W60	2565	10 28 Sep 02 Llangynidr		
4 Jill Manning	W50	2429	10 28 Sep 02 VHI		
5 Frank Ince	M60	2407	10 29 Sep 02 Merthyr Mawr		
6 Clare Dallimore	W16	2378	10 5 Oct 02 JHI		
7 Nick Dallimore	M45	2267	10 6 Oct 02 Pendle Hill		
8 Rhodri Buffett	M16	2129	9 13 Oct 02 Eryri Badge event		t
9 Helen Sharp	W35	2090	10 19/20 Oct 02 Twin Peaks		
10 John Mills	M50	1945	10 3 Nov 02 Nov Classic		
11 Alan Mackenzie	M55	1941	10 3 Nov 02 Tinto event		
12 Sarah Bayliss	W35	1923	9 10 Nov 02 CC Trophy Final		
13 Sue Colbert	W55	1923	10 10 Nov 02 Benarty event		
14 Lauren Ferrand	W14	1913	10 17 Nov 02 Glenearn event		
15 Jon Dallimore	M14	1840	8 24 Nov 02 New Beechenhurst		st
16 Peter Colbert	M50	1726	10 1 Dec 02 Wenallt		
17 Jeffrey Colbert	M20	1712	8 8 Dec 02 QO Galoppen		
18 Neil Grant	M50	1652	7 17 Dec 02 OK Nuts Trophy	7 17	
19 Nigel Ferrand	M45	1622	10 12 Jan 03 Purdown	10 12	
20 Richard Jones	M35	1599	10 19 Jan 03 Sallowvalletts	10 19	
21 Graham Tough	M55	1590	8 25/26 Jan 03 Thetford	8 25/	
22 Kate Balmond	W50	1565	9 2 Feb Chiltern Challenge	9 2	
23 Kevin Bush	M45	1553	10 2 Feb Sherwood Forest	10 2	
24 Rhys Manning	M21	1368	6 9 Feb Box Hill	6 9	
25 Gareth Buffett	M50	1286	7 16 Feb Burnham Beeches	7 16	
26 Carys Morgan	W21	1252	7 16 Feb Weston Heath	7 16	
27 Caroline Dallimore	W45	1216	7 16 Feb Lords Wood	7 16	
28 Vladi Kuznetsov	M45	1125	5 23 Feb Brown Clee	5 23	
29 Jane Ritchie	W45	1091	8 23 Feb Cosmeston	8 23	
30 Michelle Tinker	W21	962	6 2 Mar Welsh Champs	6 2	
31 Havard Prosser	M55	905	4 8 Mar FCC Hawkbatch	4 8	
32 Peter Nicholson	M50	775	4 8 Mar Mid Night Champs	4 8	
33 Alex Lyne	M21	745	4 9 Mar Sheerbrook		
34 Clare Grant	W45	733	5 16 Mar Ragley		
35 Alan Hartley	M21	697	5 23 Mar Cwmdare		
36 Nyall Meredith	M45	690	7 30 Mar Dorset Delight		
37 Adrian Moir	M40	678	4 6 Apr Gare Hill		
38 Ellie Clemence	W6	542	3 6 Apr Drunbuie		
39 Mike Down	M45	535	4		
40 Chris Poole	M21	448	2		
41 Alun Morgan	M60	424	3		
42 Lizzie Clemence	W12	423	3		
43 Colin Powell	M65	391	2		
44 Kate Ince	W50	342	4		
45 Barbara Prosser	W50	312	2		
46 Richard Howells	M45	302	2		
47 Claire Prosser	W20	291	1		
48 Marianne Morfey	W12	260	1		
49 Peter Morfey	M45	179	1		
50 George Oakley	M16	167	2		
51 Isobel Moir (W6)	W10	152	1		
52 Peter Ribbans	M45	137	1		
53 Jane Ince	W12	134	1		
54 Clair Mackenzie	W21	99	1		
55 Lyndon Sutton	M50	90	1		
56 Joel Ferrand	M16	70	1		
57 Alison Stevens	W35	67	1	I	